



Tips For a Great Telemedicine Visit!



With Dr.Q

Have your child with you in a well-lit room that is as quiet and free of distractions as possible.

We get it... you're at home, so do your best. If we end up seeing your other children or your pets, that's ok! (and even fun for us to see them!)

Visits work best if you use your smart phone.

Log in 5 minutes before your scheduled appointment time.

Log-in using the patient's name

Once you log-in do the pre-call test located on the bottom left of the screen to ensure you have a good connection.

Tools to have available:

- 1.A thermometer
- 2.A flashlight or other light source (so we can look at your child's throat)
- 3.Your child's weight or a scale
- 4.The name and phone number of your pharmacy.

Dr. Q will help you with the child's physical exam.

We might have you show the phone to the child's throat, push on their belly, or have you take their temperature, amongst other things.

It might be fun for your child to show us their favorite toy or introduce their pet. Those things will help your child be more comfortable with the visit.

Don't be nervous to ask questions and have your child do the same.